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### Annotated Bibliography

Anna Freud National Centre for Children and Families. (n.d.). *Primary*. Mentally Healthy Schools. Retrieved April 24, 2023, from <https://mentallyhealthyschools.org.uk/getting-started/primary/>

This website provides information on mental health in children, with a focus on primary students. It is a great source for teachers to use because it gives specific advice for starting conversations with students, parents, and caregivers about mental health, as well as information on how mental health affects young children.

First Nations Health Authority. (n.d.). *First nations traditional foods fact sheets*. Retrieved April 24, 2023, from [https://www.fnha.ca/Documents/Traditional\\_Food\\_Fact\\_Sheets.pdf](https://www.fnha.ca/Documents/Traditional_Food_Fact_Sheets.pdf)

This guide contains information on many different foods hunted, prepared, and eaten by Indigenous Peoples in Canada. It is useful for teachers because it provides information on traditional harvesting and traditional food use in an easy to read format. This guide is also written by a credible source in the area of Indigenous foods.

FNESC and FNSA. (2016). *Authentic first peoples resources* [eBook edition]. FNESC and FNSA. <https://www.fnesc.ca/wp/wp-content/uploads/2016/08/PUBLICATION-61460-FNESC-Authentic-Resources-Guide-2016-08-26.pdf>

This is an extensive guide for sources that can be used to incorporate Indigenous knowledge and ways of knowing into the classroom. It is beneficial for teachers because it showcases an extensive list of resources that can be used in the classroom and how they connect to the curriculum. There is also an index at the bottom of the document which helps teachers find content in the guide that is specific to different Indigenous groups.

Jones, K. (n.d.). *Little social studies thinkers unit 4: My community/kindergarten social studies*. Teachers Pay Teachers. Retrieved April 24, 2023, from <https://www.teacherspayteachers.com/Product/Little-Social-Studies-Thinkers-UNIT-4-My-Community-Kindergarten-Social-Studies-2947349?st=0e815e3765f2c449213bfb7fb1bf00ed>

This unit is designed for kindergarten students exploring their local communities and it easily fits within the B.C. curriculum. This unit is good for teachers to use because it provides pre-made slide shows, worksheets, and craft activities. It could also be easily adapted to meet the needs of any kindergarten classroom.

Justice Education Society. (n.d.). *BC social studies lesson plans*. Law Lessons: Curriculum Resources for Teachers. Retrieved April 24, 2023, from <https://lawlessons.ca/curriculum/grade-5/levels-government?fbclid=IwAR1I8gaVc2iRQ5a6Q68q52QDbmLsJ8tGaPxbycduEgnyid-Vnl7NTlZrZ28>

This website provides relevant and up to date information about the systems of government in British Columbia. It is a great source for teachers to use because it directly connects to the B.C. curriculum, and it contains specific lessons, pre-assessment, post-assessment, interactive learning activities, extension activities, and additional references.

McCloud, C. (2015). *Have you filled a bucket today?: A guide to daily happiness for kids*. Cardinal Rule Press.

This book introduces students to the concept that everyone carries an invisible bucket that can fill up through kind gestures from others. This is a great book to use in the classroom because teachers can easily use the idea of the bucket when discussing kind and unkind behaviours. Teachers can also use the bucket as part of a classroom management strategy that focuses on student behaviours.

MusicplayOnline. (n.d.). Retrieved April 24, 2023, from <https://musicplayonline.com/>

This website contains a wide variety of music activities and music lessons that can be adapted for any classroom. It is a great source for teachers because it provides step-by-step lessons on how to teach music in the classroom, which can be an intimidating topic for many teachers. It also provides teachers the added bonus of providing lessons in video format which teachers can use or learn from.

Mystery Science. (n.d.). Retrieved April 24, 2023, from <https://mysteryscience.com/>

This website offers lessons and activities based on specific scientific inquiry questions. It is a great website for teachers to use in the classroom because the inquiry questions are designed to spark student interest and engagement. Teachers can use or adapt the lessons on the website or just use the inquiry questions to spark their own scientific investigations.

Olsen, S. (2020). *Our class is a family*. Shannon Olsen.

This book teaches students that families can be created through a sense of community and that people can have families that are not connected by DNA. This is a great book for teachers to read in the classroom because it helps foster a classroom community while highlighting and embracing everybody's differences. The illustrations depict a diverse classroom family with students of different backgrounds and different abilities.

PL3Y Inc. (n.d.). Indigenous DANCEPL3Y Resource. Retrieved April 24, 2023, from <https://learn.pl3yinc.com/courses/aboriginal-dancepl3y-resource>

This website provides step-by-step instructional videos on how to participate and use Indigenous Dancepl3y in the classroom. The choreography was created by Indigenous students and teachers within School District #73 and uses songs created by Indigenous artists. This is a great resource for teachers to use because the dances are easy to understand for both the teacher and the students, while incorporating Indigenous culture respectfully into the classroom.